

SMART CHOICE

Value / Art / Ideas / Goodliving



metabolic balance

holistic metabolic programme

with Shelina Mediratta



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CONSERVANCY



metabolic balance

holistic metabolic programme

metabolic balance is an innovative all-natural nutrition program that brings balance to your hormones, optimizes your health, and leads to a new invigorating lifestyle resulting in successful long term weight management. It is backed by over 25 years of scientific study and is managed by dedicated physicians and nutritional scientists.

YOU CAN ACHIEVE THE FOLLOWING RESULTS WITH YOUR PERSONAL, COUNSELLED METABOLIC BALANCE PROGRAMME

- Weight Loss
- Beautiful Skin
- Vigour, Energy and Productivity
- Lasting Long Term Weight Goal

“metabolic balance has totally changed my world, my weight loss has been incredible. I have gone from a size 20 dress size to a size 12 in two and a half months and am feeling absolutely great. It is a sustainable program that gives amazing weight loss and wellness results.”

_____ E. Omuga

“Before I started the metabolic balance programme, I struggled a lot to lose all the extra weight I had. I weighed 80 kgs, my waist was 105cm, hips 115cm, thighs 63cm. I was introduced to Shelina, who was so helpful in my journey of losing weight, she helped me accomplish incredible weight loss in a very short period of time under the metabolic balance program. I have lost a total of 12 kgs in 13 weeks without any hunger pangs! I weigh 67 kgs today, my measurements are: waist 80 cm, hips 97cm and thighs 54cm. The metabolic balance program improved my hair, skin and mood. I feel 10 years younger and healthy too. I would gladly and happily recommend this program to anyone who needs it. IT WORKS!! Thankyou Shelina.”

_____ Sabira Aggarwal

● **Metabolic Balance is 100% natural, easy, affordable and offers fast long term weight loss.**

● **Scientific analysis based on your 34 blood values and health profile.**

● **Personalized nutrition plan matches your bio-chemistry with the right food chemistry.**

● **Delivers amazing results, fat melts away, energy increases and wellness is optimized.**

Helps with several health issues such as hormonal problems, allergy/ skin issues, thyroid, diabetes, osteoporosis, sleep disorders, cardiovascular diseases and many more.

NO pills, powders, shakes, injections or proprietary foods!

NO starvation or hunger pangs!

NO calorie counting!

“I have been on the Metabolic Balance program since April 2015. Three and a half months on and I’ve managed to lose 15kg which is an envy to many. But more importantly this regime has changed my lifestyle for the better. In addition I was border line on my sugar levels and was considered by my doctor as potentially diabetic. Ever since I started the metabolic-balance program, my sugar levels have become normal much to the amazement of my doctor. I always bless Shelina Mediratta for introducing me to this regime and encouraging me at all times. I sincerely recommend this to anybody who wants to improve quality in their life.”

_____ S. Khanna

