

# SMART CHOICE

Value / Art / Ideas / Goodliving



## metabolic balance

holistic metabolic programme

With Shelina Mediratta.



**Get your bikini body  
in time for your beach  
holiday !!!**

“I lost 10kg and 7 inches on  
my waist, 3 inches on hips  
and 4.3 inches on my thighs  
on the metabolic-balance  
program” — S. Kontos



### THE NAKUMATT GLOBAL CARD

LOAD, SWIPE AND  
EARN POINTS,  
WORLDWIDE

You need it. We've got it.



POWERED BY:





# metabolic balance

holistic metabolic programme

## Get your bikini body in time for your beach holiday!!!

"I lost 7.2kg and 3 inches on my waist, 1.5 inches on my hips and 2 inches on my thighs on the metabolic-balance program in 4 and half weeks // **Mr. S. Chandaria**

"I lost 9kg and 5 inches in my waist, 4 inches in my hips and 3 inches in my thighs with metabolic balance. The program and the coach have been excellent and has certainly helped me achieve my weight loss goals in 5 weeks // **Mrs. S. Patel**



**Metabolic Balance is 100% natural, easy, affordable and offers fast long term weight loss.**



**Personalized nutrition plan matches your bio-chemistry with the right food chemistry.**



**Scientific analysis based on your 34 blood values and health profile.**



**Delivers amazing results, fat melts away, energy increases and wellness is optimized.**

**Helps with several health issues such as hormonal problems, allergy/skin issues, thyroid, diabetes, osteoporosis, sleep disorders, cardiovascular diseases and many more.**

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[www.metabolic-balance.com](http://www.metabolic-balance.com)

**NO**  
pills, powders,  
shakes, injections  
or proprietary  
foods!

**NO**  
starvation  
or  
hunger  
pangs!

**NO**  
calorie  
counting!

